

X-trainer Lamarmotte 5. afdeling 19,6 Km Alpe d'Huez 19,6 Km

Indoor cycling

Placering	Cykel	Navn	Mellemtider	Tid	Gennemsnit km/t	Gennemsnit Watt
			10km			
1	10	Michael Pausgaard	0:23:56.05	1:03:37.57	18,5	286
2	19	Lars Holm Christen	0:25:04.82	1:04:44.84	18,2	275
3	8	Thomas Møller	0:25:54.16	1:09:01.08	17,0	324
4	6	Mikkel Bording	0:26:20.77	1:10:02.94	16,8	283
5	34	Peter Enevoldsen	0:27:40.27	1:12:22.75	16,2	277
6	18	Steen Rasmussen	0:27:45.17	1:14:58.45	15,7	284
7	3	John Christiansen	0:28:57.38	1:20:42.35	14,6	235
8	21	Henrik Engmark	0:30:44.50	1:21:35.60	14,4	207
9	17	Jesper Hansen	0:29:28.78	1:22:51.02	14,2	220
10	36	Maciej Truszczynski	0:30:16.13	1:23:54.12	14,0	250
11	5	Dan Dyfort Jønsson	0:30:48.47	1:25:17.12	13,8	206
12	23	Morten Westphal Jø	0:31:10.30	1:28:04.83	13,4	252
13	37	Peter Dukbæk	0:31:21.99	1:28:31.89	13,3	251
14	27	Jes Ejlskov Anders	0:32:20.25	1:31:07.78	12,9	248
15	29	Ralf Magnussen	0:32:12.56	1:32:12.49	12,8	219
16	32	Florian Dimer	0:30:49.85	1:32:32.01	12,7	216
17	12	Jimmy Jensen	0:32:55.54	1:36:03.15	12,2	214
18	2	Lasse Hoff	0:33:56.20	1:40:46.76	11,7	207
19	16	Bo Prehn Mikkelsen	0:35:10.89	1:41:48.64	11,6	210
20	25	Thomas Hjort Lykke	0:35:04.46	1:44:42.76	11,2	200
21	35	Emil Nørby	0:39:41.79	1:51:33.55	10,5	124
22	31	Nikolaj Kulahin Ro	0:32:33.78	2:03:07.46	9,6	156
23	30	Nicklas Bing Madse	0:36:28.67	15.340,26		
24	33	Mark Bonefeld	0:26:46.82	13.389,96		